

# Ocean Shore School Newsletter

May 2011

*Ocean Shore Community,  
Welcome to your Forum*



This newsletter can also be viewed at the school website: [www.OceanShoreSchool.org](http://www.OceanShoreSchool.org)

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## Note from the Editor

Matt's class took to the water in the last few months. From learning swimming and safety to playing a little basketball, read on to see how the buddy system can be fully waterproof, and fun!

Want to submit to next month's newsletter? Contact me.

*-Shanti Cale*

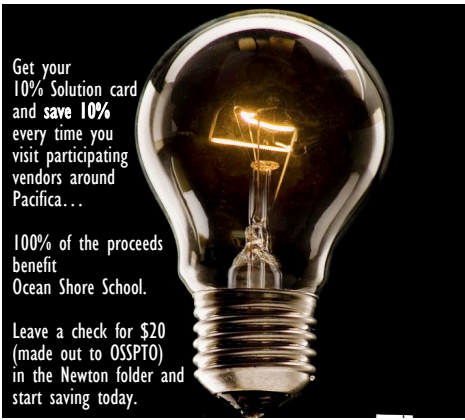
## Matt's Class Update

In March and April, Matt's class had a swimming skills and water safety class. Once a week we'd drive to Jean E. Brink pool on the Oceana High School Campus. Each student spent time in the pool with a 1:1 buddy. The buddies were School staff, Moms from the school and volunteer lifeguards from the pool. Beth (Maura's mom), who is an adaptive aquatics instructor, created swimming and water safety goals for each student. She would spend the class time rotating between each buddy and student pair, teaching skills. Some students learned to float on their backs. Others worked on elementary back stroke. Others played water basketball. We also practiced using the ladders to get in and out of the pool. Each week, after we returned to class, we had a special post swimming snack. If you would like to see more photos, check out the display at the end of the main hallway. The class has many people to thank for making this program possible.

Thank you: Matt, Nichole, Darin, Lucy, Kayoko, Sally, Teri, Beth, Maribel, Darbani, Dena, Diane, Bridget, Mary, Leslie, Richard, Virginia H, Wendy T, Laura S, and Brink Pool staff.

Submitted by Sally Levy Albert





## Be Part of the 10% Solution

Enjoy product and service discounts while you benefit Ocean Shore School!

**Which vendors are signed up? Here is a current list, but more participants are added regularly:**

Bay Coffee Company  
 Chit Chat Café  
 Columbo's Deli  
 DesignAVenues.net  
 Extreme Pizza  
 Go Sushi Japanese Restaurant  
 Good Fellows Pizza  
 Gorilla BBQ  
 Granucci's  
 Hot Red Masala, Indian Food  
 Luigi's Pizza  
 P-Town Café  
 Rainbow Island  
 Straw Hat Pizza  
 The Energy Drink Health Bar  
 The Green Enchilada  
 Upper Crust Deli  
 Viva Italiano  
 Acupuncture and Herbal Medicine  
 Amy Amber (Hair & Makeup)  
 Bella Luce Spa  
 Bella Nirvana Spa

Hair Techniques  
 House of Sun, tanning  
 Karma Wellness Boutique  
 Luce Bones, Dr. Cynthia Luce, Chiropractor  
 Morello Family Chiropractic  
 Pacifica Chiropractic  
 Serenity Studio, make up and skin care  
 The Hair Factory  
 Visions Seaside Spa  
 Coastside Critters, pet supplies  
 Curves  
 Family Martial Arts  
 Ground Up Fitness (ask for TJ)  
 Log Shop Surf Shop  
 Nor Cal Surf Shop  
 Ocean Yoga  
 Pacifica Athletic Center  
 Strongside Training Systems (Chris)  
 West Coast Thai Boxing  
 California Pacific Limousines  
 Caroline Totah Organizing Solutions  
 Extra Care Auto Care, Auto Repair

Fairmont Cleaners  
 Ken Seminsky, Home Repairs and Remodeling  
 James A Pugliese Painting, house painting  
 Jimmy the Printer  
 John the Sign Guy  
 Neat Yellow Cab Company  
 Running Water Design  
 Rosenberg Plumbing  
 One on One Tutoring  
 The Painted Siren - Tattoos  
 Ace Hardware Linda Mar  
 Anime Imports  
 Annabee's Doggie Boutique & Café  
 Gearhead Bicycles  
 Generations Baby Clothing  
 Linda Mar Florist  
 Pedro Point Sirens Coastal Gift Boutique  
 Silpada Designs Fine Sterling Silver  
 Stephanie Hamilton Designs (jewelry)  
 Vintage Cove

## OSS PTO Executive Board

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| Principal      | Laura Shain      | <a href="mailto:lshain@pacificasd.org">lshain@pacificasd.org</a>     | Parent Rep (6-8) | Randi Decker                  | <a href="mailto:randidecker@gmail.com">randidecker@gmail.com</a>           |